**SENSORY NEED SUPPPORT IN SCHOOL**

**Name:**

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| Items that can give a busy head a break: | Items to support keeping visually calm: |
| Items for auditory sensory support: | Items that support proprioceptive: |
| Items for oral motor sensory support: | Items to squeeze, fidget or keep hands busy: |
| Items to support breathing & relaxation: | Items for olfactory (smell) sensory support: |
| Other ideas that help distract: |  |