



FASD HUB  
South West

**\*Disclaimer\***

FASD HUB South West and FASD Friends intends to offer a safe space to process feelings and experiences related to exploring the diagnosis and seeking diagnosis of FASD and its co-morbid conditions while receiving peer support.

The groups will not engage in rendering psychological, healthcare or financial advice for any particular individual or situation. The support group will not provide medical, mental health or any other type of health service. No diagnosis, treatment recommendations or advice regarding any medical or mental health condition or illness will be offered.

The support group cannot be a substitute for or alternative to treatment when a medical or mental health condition is present. Support group members are advised always to seek professional services from licensed physicians, psychiatrists, psychologists and health care professionals, if and when necessary.

By accessing services of the support group you are by default in understanding and agreement with the nature of the support group. This group is a peer support group, the support we offer is only support.

If you ever feel you are in a physical or mental health crisis and need urgent help call your emergency services 111 or 999. Samaritans are also available 24hours to offer emotional support – 08457 909090 Access team for Mental Health Services : 0300 555 5001

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